

To: FDA Commissioner Jane E. Henney
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From: JUDITH LYTEL, Psy.D.
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The consumption of added sugar has jumped 25 percent since 1984, squeezing healthy foods out of the diet. As a member of the Center for Science in the Public Interest (CSPI), I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added **sugar** a food contains.

9/27/99

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Please address this sender's health
issue ASAP, to protect the future
of our children!

99P-2630

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